



PHS NEWS



IMPORTANT DATES

- College Planning Days at CWC, Juniors & Seniors Monday, Sept. 25
- Homecoming Week Sept. 25-29
- Picture Retakes - Oct. 2

RESILIENCE WITH DEE HANKINS

In August, PHS students spent two days working with Dee Hankins. Dee is an inspirational speaker who talks about resilience and goal setting. Dee worked with small groups of students to identify their goals for life, what curve-balls have been thrown their way and how to hit home runs in life. Students had the opportunity to sign a goal poster for an upcoming incentive trip in January! The goal: earn all credits by the end of our second semester! Thank you to the families who attended the parent training with Dee and DJ!



LIFETIME FITNESS



We are excited to offer Lifetime Fitness this year! Mr. RedBow joins us each afternoon and offers two blocks of the class. The students participate in a variety of fitness activities including TRX, boxing, longboarding, frisbee golf, and ultimate frisbee. Additionally, each Tuesday they visit Lander Pet Connection to walk the dogs and play with the cats.





Counselor Corner

This month is Suicide Prevention Awareness Month. Students learned about the risk factors, warning signs, and ways to get help for themselves and others. If you or somebody you know is struggling, here are ways to get help:

Call 988

safe2tellwy.org

Congrats

Students of the Week

Kortni Knell

McKenzie Keller

Athena Pitt

Kiran Wendell

Freshmen visited the Top of the World
Wind Farm in Douglas

7 Mindsets

